

Agenda

City of Milpitas Senior Advisory Commission Meeting

**Tuesday, April 25, 2017
Barbara Lee Senior Center, Room 140
40 N. Milpitas Blvd.
1:30 pm**

I. Call to Order

II. Flag Salute

III. Roll Call & Seating of Alternates

IV. Approval of Agenda: April 25, 2017

V. Approval of Minutes: February 28, 2017

VI. Financial Reports: February 2017 – March 2017

VII. Public Forum

Members of the audience are invited to address the Commission on any subject not on today's agenda. Speakers must supply their name and address for the record and limit their comments to three minutes. Commissioners cannot respond to issues brought forward, but may request that the matter be placed on the agenda of a future meeting.

VIII. Announcements/Correspondence

- Police Chief Briefing
- Commissioner Updates/Sharing
- VTA Clipper card sales at the Senior Center

IX. New Business

1. Irem Choksy Presentation – John Macon, Recreation Services Supervisor

Background: Irem Choksy is a licensed mental health professional who offers psycho-educational workshops and lectures to help reduce the stigma associated with mental health. Ms. Choksy will be presenting information related to a proposed five series workshop associated with mental health and well-being for seniors.

Recommendation: Consider funding the five presentation workshop series offered by Ms. Choksy as an opportunity for all seniors living in Milpitas to gain knowledge on a variety of topics related to mental health.

2. Document Shredding Service – Commissioner Holliday

Background: At its February 28, 2017 meeting, the Senior Advisory Commission committed to pursuing further opportunities related to funding a document shredding day for Milpitas seniors at the Barbara Lee Senior Center. The Senior Advisory Commission agreed to pursue donations to fund the event in the form of a sponsorship letter that would be sent to various local businesses, banks and credit unions, etc.

Recommendation: For Senior Center staff to work with Commissioner Holliday to distribute sponsorship letters to local businesses, banks, credit unions, etc., seeking to secure the funding necessary to host a document shredding day event for all Milpitas seniors this summer.

3. Age-Friendly Initiative – John Macon, Recreation Services Supervisor

Background: On Tuesday, April 11th, the City of Milpitas' Age-Friendly Task Force formally applied with the World Health Organization (WHO) for the distinguished honor of Milpitas being designated as an "Age-Friendly" City. Once approved (typically this process takes 6-8 weeks), the Age-Friendly Task Force will then begin work on three preliminary initiatives including: 1) creating a resource library of services aligned to the needs of our senior population, 2) implementing an innovative safety street crossing system, and 3) creating a network of "Dementia Friends" throughout the City of Milpitas. The role of the SAC will be to support these efforts and will work initially with the Task Force on establishing a dedicated resource kiosk/library at the Senior Center. Additionally, once we gain the designation as "Age-Friendly, we will then ask that City Councilmember (and SAC Liaison), Bob Nuñez bring the announcement to the City Council for acknowledgment.

Recommendation: Receive a progress report on the Age-Friendly Initiative.

X. Staff, City Council and Liaison Reports

1. Senior Center Activities Reports – John Macon, Recreation Services Supervisor
Trips, Presentations & Events: See handout
2. Senior Nutrition Program – John Macon, Recreation Services Supervisor
3. City Council Report – Councilmember, Nuñez
4. Sourcewise Report – William Devereux, Sourcewise Advisory Council
5. VTA Report – Melba Holliday, Senior Advisory Vice Chair

XI. Future Agenda Items

- The National Senior Games ("Senior Olympics")
- Fundraising

XII. Adjournment

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