



CITY OF MILPITAS

Senior Advisory Commission

REGULAR MEETING

AGENDA

1:30 p.m.

Tuesday, April 23, 2024

Barbara Lee Senior Center – Room 140/141

1. Call to Order
2. Pledge of Allegiance
3. Roll Call
4. Seating of Alternates
5. Approval of Agenda: April 23, 2024
6. Approval of Meeting Minutes: February 27, 2024

7. Public Forum

Members of the audience are invited to address the Commission on any subject not on the agenda. Speakers must state their name (address is optional) for the record and limit their remarks to three minutes or less. For items not listed on the agenda, no response is required of City staff or Commissioners. However, Commissioners may ask staff to place the item on a future meeting agenda.

8. Announcements

- Police Chief Briefing

9. Business Items

a. Emergency Preparedness Presentation – Commissioner Mike Berryhill

Background: The Public Safety and Emergency Preparedness Commission aims to educate fellow commissioners on emergency preparedness and how to share information with seniors.

Recommendation: Receive information on City emergency preparedness from Commissioner Berryhill.

b. Quarterly Birthday Celebrations – Staff Liaison Asis

Background: Historically, the Commission has sponsored the Senior Nutrition Program's quarterly birthday celebration, which includes cake and treats for lunch participants and the acknowledgment and announcement of birthday participants within that three-month period.

Recommendation: Review cost and approve the reinstating of items purchased for the quarterly birthday celebration.

c. Age-Friendly Initiative (Alzheimer’s Walk) – Staff Liaison Asis

Background: The Senior Advisory Commission’s Work Plan aims to promote well-being, brain health, and "Age-Friendly" activities for seniors in Milpitas. Upcoming brain health events include the Walk to End Alzheimer's event on September 28 in San Jose, which the Commission participated in last year with ten members raising over \$1000 for the Alzheimer’s Association.

Recommendation: Discussion on whether the commission wants to participate again this year and, if so, establish a donation and participation goal for this event.

d. Be Sensitive, Be Brave Training – Staff Liaison Asis

Background: The Senior Advisory Commission's Work Plan prioritizes promoting the health and emotional well-being of seniors. To support this objective, the County of Santa Clara's Behavioral Health Services Department is hosting a training session called "Be Sensitive, Be Brave." The training will provide tools related to Suicide Prevention, which aims to educate commissioners on how to identify suicidal distress and help connect individuals with appropriate resources and services.

Recommendation: Receive information on the “Be Sensitive, Be Brave” workshop from Staff Liaison Asis and determine who will attend the workshop when offered.

10. Liaison Reports

- a. City Council Liaison Report – Mayor Carmen Montano
- b. Age-Friendly Report – Commission Vice Chair Jenny Berryhill
- c. City Staff Liaison Report – Ann Marie Asis

11. Future Agenda Items

12. Adjournment

Next Senior Advisory Commission Meeting: Tuesday, June 25, 2024 at 1:30 p.m.

KNOW YOUR RIGHTS UNDER THE OPEN GOVERNMENT ORDINANCE

Government's duty is to serve the public, reaching its decisions in full view of the public. Commissions and other agencies of the City exist to conduct the people's business. This ordinance assures that deliberations are conducted before the people and the City operations are open to the people's review.

For more information on your rights under the Open Government Ordinance or to report a violation, contact the City Attorney's office at Milpitas City Hall, 455 E. Calaveras Blvd., Milpitas, CA 95035
e-mail: mmutalipassi@milpitas.gov / Phone: 408-586-3040

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Materials related to an item on this agenda submitted to the Commission after initial distribution of the agenda packet are available for public inspection at the Barbara Lee Senior Center office at 40 N. Milpitas Blvd., Milpitas and on the City website. Commission agendas and related materials can be viewed online: <https://ca-milpitas.civicplus.com/129/Agendas-Minutes> (select meeting type from drop down)

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